

Tirthankar Puja **(Swetambar Tradition)**

Swetambar Jain tradition indicates to perform puja on Tirthankar idol at the following nine Angs (body parts of the idol). During puja of each Ang one should recite one line of Namaskär mantra as indicated below.

Nine Places of Puja

Recitation Mantra for each place

*1. Right Toe, then Left Toe:	Namo Arihantanam
2. Right Knee, then Left Knee:	Namo Siddhanam
3. Right center of Arm, then Left Arm:	Namo Aayariyanam
4. Right Shoulder, then Left Shoulder:	Namo Uvajjayanam
5. Top of Head (center):	Namo Loa Savva Sahunam
6. Center of Forehead:	Eso Panch Namukkaro
7. Center of Throat:	Savva Pava Panasano
8. Center of Chest:	Mangala Nam Cha Savve Sim
9. Navel:	Padhamum Hawaii Mangalam

* Please note that

(A) Right and Left sides mentioned here are of the Murti and not of the person doing puja

(B) Right Toe is on the opposite side than Right Knee, Arm and Shoulder of the Murti

(C) During Puja, please cover your mouth and nose with a piece of white cloth