

## Aspirant's Guide (Folder No. 001285)

Main Title

Publisher's Note

Introduction

Index

Forgiveness-----	1
Charity -----	8
True Mercy-----	16
Celibacy -----	22
Tolerance-----	31
Good Use of Time-----	37
Silence -----	43
Control of Taste-----	49
Equanimity -----	54
Study of Self -----	60
Restraint of Wantonness -----	66
Detachment-----	71
Humility -----	77
Adverse Feelings-----	84
Contentment-----	90
Company of Nobles-----	96
Awakeness of Soul-----	101
Compassion -----	106
Path of Devotion-----	110
Renunciation -----	117
Universal Friendliness -----	123
Truthfulness -----	128
Straight-forwardness -----	134
Principles of Karma-----	138
Meditation -----	144
Principle of Relativity -----	149
True Success in Life-----	155
Cycle of Wordly Existence -----	160
Moderation in Food -----	165
Spirit of Community Welfare-----	169
Self Control -----	174
Delight in the Virtues -----	179
Glossary of Words-I -----	182
Glossary of Places-II -----	189
Glossary of People-III -----	192