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'Seeing' the 'Seer' separate, happens in Akram samayik;
'pure Soul' lights the Self-and the non-Self, absolute Self lights both!

Soul verily is samayik, when that remains all time;

Gnani says, 'Do samayik to cleanse the faults of past time'!

After granting awareness of the Self, gives five Agnas to follow;

Do 'Pratikraman-samayik', if you miss any Agna, dear fellow!

This samayik-pratikraman erected forever by Dada Bhagwan;

Serves to eternalize the message of Lord Mahavir Bhagwan!

- Dr. Niruben Amin

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Special notes to readers

◆ The word **Self**, with 'S', refers to the awakened Soul, which is different from the worldly soul (non-awakened self), written with 's'. The term **Shuddhatma** (pure Soul) is used by the Gnani Purush for the awakened Self, after the Gnan Vidhi. Similarly, any word in the middle of a sentence, with capitalized first letter, or in inverted comas at the beginning of the sentence, refers to the awakened Self. This is an important distinction for the correct understanding of the difference between the awakened Self and the non-awakened self.

◆ **Seeker** - refers to a questioner who has not attained Dada's Gnan, so all Dadashri's answers under that are in response to them.

Otherwise:

Questioner - refers to those who have attained Dada's Gnan of the Akram Path.

◆ Wherever the name '**Chandubhai**' is mentioned, the reader should substitute his or her name.

◆ Numbers in parenthesis i.e. refer to the page number in the original book in Gujarati from which text was translated.
