

## 02 Panchindiya Sutra

### Guru Sthāpanā

Generally, Sāmāyika is performed in the presence of a Guru or an ascetic. However, in their absence, one places a religious book in the front to symbolize the presence of a Guru and place rosary (Navakar vali) consist of 108 beads on the top of religious book.

### पंचिंदिय सूत्र

पंचिंदिय-संवरणो, तह नव-विह-बंधचेर-गुत्तिधरो.

चउविह-कसाय-मुक्को, इअ अट्ठारस-गुणेहिं संजुतो ..... 1.

पंच-महव्वय-जुतो, पंच-विहायार-पालण-समत्थो.

पंच-समिओ तिगुतो, छत्तीस-गुणो गुरु मज्झा..... 2.

Pancindiya Sutra

pancindiya-samvarano,

taha nava-viha-bambhacera-guttidharo.

cauviha-kasāya-mukko,

ia atthārasa-gunehim sanjutto. .1.

panca-mahavvaya-jutto,

panca-vihāyāra-pālana-samattho.

panca-samio tigutto,

chattisa-guno guru majjha. .2.

### A Guru Possesses the 36 Qualities:

#### Control over the Five Senses:

He possesses complete control over the pleasures of touch, taste, smell, sight, and hearing senses. These are known as the five Indriya Nishedha.

#### Observance Nine Stipulations of Celibacy:

He observes celibacy by following its nine stipulations. These steps provide proper protection to the vow of celibacy known as the nine Brahmacharya Vāda.

- Not looking at a person of the opposite gender with the sense of sensual pleasure
- Not thinking of the past sensual pleasures of one's life
- Not staying with a person of another gender
- Not talking about a person of the opposite gender with pleasure
- Not occupying the seat that was used by a person of the opposite gender for even a short time
- Not staying nearby where a couple might be staying
- Not consuming intoxicant, such as alcohol or drugs.
- Always eating less than one's hunger
- Not decorating the body

#### Avoidance of the Four Passions:

He completely avoids the four passions: anger, ego, deception and greed, thereby having control over the four Kashāyas.

#### Adherence to the Five Great Vows:

He completely follows the five great vows: non-violence, truthfulness, non-stealing, celibacy, and non-possessiveness. This is known as following the five Mahāvratas.

**Observance of Five Spiritual Codes of Conducts:**

Observance of the fivefold spiritual code of conduct: Right Conviction (Samyak Darshan), Right Knowledge (Samyak Jñān), Right Conduct (Samyak Chāritra), Right Austerities (Samyak Tapa), and Vigor (Virya). This is known as following the five Āchāras.

**Following of the Five Samitis:**

Alertness and care while walking, speaking, accepting anything, placing or replacing any items, and disposing of human waste and other items. This is known as following the five Samitis.

**Following the Three Guptis**

Constraint of the mind speech and body. This is known as following the three Guptis.