

03 Ichchhämi Khamäsamano Sutra

Panchäng Pranipät Sutra

This Sutra is also known as Panchäng Pranipät Sutra. Different sects recite different sutras when one bows to the Tirthankar image or an Ascetic.

Ichchhämi Khamäsamano Sutra

This Sutra is recited while offering obeisance to Tirthankar image at the temple or to the monks and nuns in a specific posture wherein the five body parts, namely two hands, two knees and the forehead, touch the floor together. Hence it is known as Panchäng Pranipät Sutra.

This sutra is recited three times in front of a Tirthankar image at the temple or two times in front of an ascetic at an Upāshray (temporary living place for monks)

खमासमण सूत्रः

इच्छामि खमा-समणो! वंदितं, जावणिज्जाए निसीहिआए,
मत्थएण वंदामि..... .1.

Khamäsamana Sutra

icchämi khamä-samano ! vandium, jävanijjæe nisihiæe, matthaena vandämi. .1.

Meaning

With all my strength and renouncing all wrongful acts, I bow (to the Tirthankar image or Ascetics) with my head.